1. Open app on phone
2. Choose options:
   1. Choose puzzle
   2. Put time you want to wake up
      1. accelerometer on/off
   3. Choose alarm sound
   4. Volume
3. Put bracelet on
4. Sleep
5. 1 hour before alarm is set to go off, accelerometer starts checking sleep cycle (if on)
6. Alarm goes off
   1. Vibrate
   2. Make sounds
7. Pick up phone
8. Walk to NFC tag across room
9. Tap phone to NFC tag
10. Puzzle opens in app
11. Complete puzzle to disarm alarm